

## DAFTAR PUSTAKA

- Aghnia, H. (2023). Terapi Obat Kombinasi Asma Bronkial Pada Pasien Dewasa. *Jurnal Universitas Padjadjaran*, 21(3); 347–352.
- Alexander, K., R. Fauzar., Kurniati., & Arsyad. (2020). Terapi Controller pada Asma. *Jurnal Ilmu Kesehatan Indonesia*, 1(3); 438–444.
- Amelia, L. (2023). *Farmasi Klinis dan Pengobatan Asma*. Surabaya: Direktorat Penerbitan dan Publikasi Ilmiah.
- Andriyani, T., Rahmatia., & Rinaldi, R. (2021). Pengaruh Edukasi Kesehatan terhadap Pengetahuan dan Sikap Pasien Hipertensi di Wilayah Puskesmas. *Jurnal Ilmu Kesehatan*, 9(2); 112–119.
- Arikunto, S. (2010). *Prosedur Penelitian: Suatu Pendekatan Praktik*. Jakarta: Rineka Cipta.
- Astuti, M., & Rahayu, F. (2021). Hubungan Pengetahuan dan Kesiapan Pasien dalam Menghadapi Serangan Asma. *Jurnal Kesehatan Masyarakat Andalas*, 16(2); 104–112.
- Astuti, N. D., Nurrahmah, S., & Rahmawati, E. (2020). Pengaruh Informasi Kesehatan Terhadap Pengetahuan Penderita Asma di Puskesmas. *Jurnal Kesehatan Komunitas*, 6(3); 149–154.
- Attoriq, H. M., Maghfiroh, I. L., & Maghfuroh, L. (2023). Gambaran Pengetahuan Pertolongan Pertama Asma pada Penderita Asma di Desa Jubel, Kecamatan Sugio, Kabupaten Lamongan. *Coping Community of Publishing in Nursing*, 11(5); 456–464.
- Awalus, S. (2021). Pengaruh Latihan Batuk Efektif Pada Pasien Asma yang Mengalami Gangguan Pola Nafas dengan Fokus Intervensi Nebulizer. *[Skripsi]*. Jawa Tengah: Stikes Muhammadiyah Kendal.
- Bahagian, T. M., Zakaria, A. S., Awang, R., & Abdul, R. (2020). Factors Associated with Knowledge of Self-Management in Asthma Patients. *Malaysian Journal of Medicine and Health Sciences*, 16(2); 207–213.
- Beasley, R., Semprini, A., & Mitchell, E. A. (2022). Risk-Based Asthma Management: a Step Toward Personalized Medicine. *The Lancet*, 38(54); 1075–1085.
- Budiastuti D., & Bandur, A. (2018). *Validitas dan Reliabilitas Penelitian*. Jakarta: Mitra Wacana Media.

- Busse, W. W., & Lemanske, R. F. (2022). The Impact of Socioeconomic Status on Asthma Outcomes. *Journal of Allergy and Clinical Immunology*, 149(3); 846–854.
- Celik, G. E. (2023). Stepwise Approach in Asthma Expert Panel Opinion of Turkish Guideline of Asthma Diagnosis and Management Group. *Thoracic Research and Practice*, 24(6); 309–324.
- Chen, Y., Wang, Y., & Chen, P. (2021). The Relationship Between Asthma Knowledge and Self Management Behavior in Patients with Asthma: a Cross-Sectional Study. *Patient Preference and Adherence*, 1(2); 897–905.
- Cong X., Yang, J., Gul, A., Li, Y., & Zhang, R. (2024). Immunologic Aspects of Asthma From Molecular Mechanisms to Disease Pathophysiology and Clinical Translation. *Frontiers in Immunology*, 15(16); 147-166.
- Dantas, R. A. S., Roncada, C., & Pinto, D. K., (2021). The Impact of Educational Interventions on Asthma Knowledge and Self Management a Systematic Review. *Patient Education and Counseling*, 10(1); 15–23.
- Dayani, E., & Adiana, S. (2023). Gambaran tingkat pengetahuan dan ketepatan penggunaan inhaler pasien asma rawat jalan di Rumah Sakit X periode Februari–Maret 2023. *Indonesian Journal of Health Science*, 3(1); 52–59.
- Elawad, M. A. M., Alnour, H. M., & Omer, M. E. (2024). Knowledge, Attitude, and Practice of Asthma Among the Adults in Shendi Locality, Sudan: a Cross-Sectional Study. *Plos One*, 19(3); 279-287.
- Foster, J. M., McDonald, V. M., Guo, M., & Reddel, H. K. (2020). I Have Lost in Every Facet of My Life The Hidden Burden of Severe Asthma. *European Respiratory Journal*, 55(2); 190-321.
- Franssen, T., Stijnen, M., Hamers, F., & Schneider, F. (2020). Age Differences in Demographic, Social and Health-Related Factors Associated with Loneliness Across the Adult Life Span (19–65 Years) a Cross-Sectional Study in the Netherlands. *BMC Public Health*, 20(1); 56-72.
- Gesnita, N. (2022). *Kepatuhan Pasien Asma terhadap Pengobatannya Berkaitan dengan Kualitas Hidup*. Surabaya: Universitas Airlangga.
- Ghozali T, & Urrohmah, U. (2023). Hubungan tingkat pengetahuan dengan pengelolaan asma mandiri pada pasien asma di RSUD Yogyakarta. *Jurnal Kesehatan Masyarakat Indonesia*, 18(1); 45–52.
- Ghozali, I. (2016). *Aplikasi Analisis Multivariete Dengan Program IBM SPSS 23*. Edisi 8. Semarang: Badan Penerbit Universitas Diponegoro.
- Global Initiative for Asthma (GINA). (2020). *Global Strategy for Asthma Management and Prevention*. Global Initiative for Asthma.

- Global Initiative for Asthma (GINA). (2023). *Global Strategy for Asthma Management and Prevention*. Global Initiative for Asthma.
- Global Initiative for Asthma (GINA). (2024). *Global Strategy for Asthma Management and Prevention*. Global Initiative for Asthma.
- Hailu, F. B., & Kebede, D. L. (2020). Knowledge, Attitude, and Practice of Asthma Patients Towards Self-Management and Associated Factors. *Asthma Research and Practice*, 6(1); 1–8.
- Hasegawa, K. (2021). Management and Outcomes of Acute Asthma Exacerbation in Adults in the Emergency Department. *Chest*, 16(2); 456–465.
- Hemapriya, S., Kumar, D., & Rajendran, A. (2024). Chi-Square Tests a Quick Guide for Health Researchers. *International Journal of Advanced Research*, 12(11); 55–60.
- Heryanto, C. A. W., Korang, C. S. F., Djeen, M. I. A., & Widayati, A. (2019). Pengembangan dan Validasi Kuesioner untuk Mengukur Penggunaan Internet dan Media Sosial dalam Pelayanan Kefarmasian. *Indonesian Journal of Clinical Pharmacy*, 8(3); 175-187.
- Hoirun, N. H. (2023). Obesity and Asthma Risk in Indonesian Adults Findings From the 2018 Indonesia Basic Health Research. *Kesmas: Jurnal Kesehatan Masyarakat Nasional*, 18(1); 58–64.
- Huda, R., Prasetyo, D. T., & Rakhmawati, A. (2021). Community Knowledge and Attitude in Recognizing Asthma Symptoms and Using Medication for Asthma Attacks a Cross-Sectional Study. *Jurnal Keperawatan Soedirman*, 16(3); 169–176.
- Iskandar, F. (2022) Pengaruh Edukasi terhadap Peningkatan Pengetahuan dan Sikap Pasien Asma di Klinik Paru. *Jurnal Edukasi Kesehatan Respirasi*, 8(2); 115–129.
- Iskandar, S. (2022). Evaluating Asthma Control and Patient Knowledge in a Community Setting in Indonesia. *Journal of Asthma*, 59(10); 1902–1910.
- Jayadev, P. (2024). A Cross-Sectional Study on Knowledge, Attitude, and Practice Regarding Inhaler Use Among Asthma Patients. *Journal of Asthma and Lung Health*, 4(1); 12–19.
- Jeconiah, G. D., Bobby., & Frethernety. (2022). Gambaran Faktor- Faktor Pencetus Asma Pada pada Pasien Asma. *Jurnal Kedokteran Universitas Palangka Raya*, 10(2); 1–5.
- Johnson, M., Davis, L. & Carter, S. (2024). Correlation Between Asthma Self-Management Behavior and Disease Control a US-Based Cross-Sectional Study. *Pulmonary Medicine Review*, 15(1); 45–53.

- Kementerian Kesehatan Republik Indonesia. (2020). *Riset Kesehatan Dasar (Riskesdas) 2020*. Jakarta: Badan Penelitian dan Pengembangan Kesehatan.
- Kharaba, Z. (2022). An Assessment of Quality of Life in Patients With Asthma Through Physical, Emotional, Social, and Occupational Aspects: A Cross-Sectional Study. *Frontiers in Public Health*, 10(5); 123-144.
- Litanto, A & Kartini. (2021). Kekambuhan Asma Pada Perempuan dan Berbagai Faktor yang Mempengaruhinya. *Jurnal Biomedika dan Kesehatan*, 4(2); 79-86.
- Lukito, J. I. (2023). Tata Laksana Farmakologis Asma. *Jurnal CKD*, 50(1); 22–30.
- Mardhiah, S. T. (2021). The Correlation of Asthma Patients' Knowledge Level with Asthma Symptoms Control Level. *Caring: Indonesian Journal of Nursing Science*, 3(2); 41–47.
- Meilina, W., Juwita., & Purwoko. (2020). Hubungan Antara Jenis Kelamin dan Riwayat Asma dengan Rinitis Alergi pada Pelajar SMP Muhammadiyah 3. *Medica Arteriana Journal*, 2(1); 17-20.
- Memon, M. A., Ting, H., Cheah, J. H., Ramayah, T., Chuah, F., & Cham, T. H. (2020). Sample Size for Survey Research Review and Recommendations. *Journal of Applied Structural Equation Modeling*, 4(2); 1–20.
- Mentari, G. B., & Susilawati. (2024). Distribusi Obat dan Keadilan dalam Pelayanan Kesehatan di Indonesia. *Jurnal Hukum dan Kewarganegaraan*, 5(3); 71-80.
- Mercy, M., Bidjuni., & Rompas. (2021). Faktor Risiko yang Berhubungan dengan Riwayat Serangan pada Penderita Asma di Kabupaten Minahasa Selatan. *Jurnal Keperawatan*, 9(2); 33-39.
- Molina, J. J. (2022). *Ask An Expert: How Does Asthma Impact Daily Life*. New York: Verywell Health.
- National Asthma Education and Prevention Program (NAEPP). (2020). Focused Updates to the Asthma Management Guidelines. *NIH Publication*, 2(1); 1217-1270.
- Pakkasela, J., Ilmarinen, P., Honkamaki, J., Tuomisto, L. E., Andersen, H., Piirila, P., & Lehtimaki, L. (2020). Age- and Gender-Specific Incidence of New Asthma Diagnosis from Childhood to Late Adulthood. *BMC Pulmonary Medicine*, 20(1); 9-17.
- Pattath, P. (2023). Association Between Parental Education and Receiving Asthma Self Management Education Among Children with Current Asthma. *Journal of Asthma*, 60(10); 1918–1925.

- Perhimpunan Dokter Paru Indonesia. (2021). *Panduan Umum Praktik Klinis: Diagnosis dan Tatalaksana Asma*. Jakarta: PDPI.
- Polit, D. F., & Beck, C. T. (2021). *Nursing Research: Generating and Assessing Evidence for Nursing Practice 11<sup>st</sup> Ed*. Philadelphia: Wolters Kluwer.
- Puspa, R., & Sari. (2022). Asma Bronkial Eksaserbasi Ringan-Sedang pada Pasien Perempuan Usia 46 Tahun. *Jurnal Kedokteran dan Kesehatan Malikussaleh*. 8(1); 17-22.
- Rabe, K. F. (2021). Strategies for improving asthma outcomes in primary care. *The Lancet Respiratory Medicine*, 9(3); 293–306.
- Rahi, A. (2021). Hubungan antara Infeksi Saluran Pernapasan dan Kejadian Asma pada Anak. *Jurnal Medika Malahayati*, 9(1); 337–345.
- Ramaita. (2021). Hubungan Pengetahuan Pasien tentang Pengelolaan Penyakit dengan Kesiapan Menghadapi Serangan Berulang Asma Bronchial Di Wilayah Kerja Puskesmas Pariaman. *Jurnal Ilmu Keperawatan dan Kebidanan*, 12(2); 215–221.
- Rezaei, S., Aryan, Z., Rezaei, N., & Mahmoudi, M. (2022). Determining the Relationship Between the Knowledge on Self-Management and Levels of Asthma Control Among Adult Asthmatic Patients. *Journal of Medicine and Life*, 16(3); 442–446.
- Rodrigo, G. J., & Castro, J. A. (2020). Role of Inhaled Corticosteroids for Asthma Exacerbation in Children Updated Meta-Analysis. *Journal of Emergencies, Trauma, and Shock*, 13(2); 107–113.
- Santos, A. C. B., Silva, R. A., & Moreira, T. C. (2022). Attitudes and Behaviors of Asthma Patients Effects of Educational Interventions on Self-Care. *BMC Pulmonary Medicine*, 22(1); 45-53.
- Santos, R. P., Almeida, T. F., & Souza, R. M. (2022). Attitudes of Patients With Asthma and Its Impact on Disease Control a Multi-Center Study. *Respiratory Medicine*, 3(2); 106-173.
- Sari, D. K & Romadhoni, A. (2024). Measures Teachers' Perceptions of Differentiated Instruction: A Combination of Guttman Scale and Item Response Theory. *Jurnal Kependidikan*, 10(3); 837-846.
- Setyaedhi, R. D. (2024). Comparative test of Cronbach's alpha reliability coefficient, KR-20, KR-21, and split-half method. *Journal of Education Research and Evaluation*, 8(2); 247–256.

- Shania, L. (2024). "Asma Bronkial Persisten Ringan Serangan Berat Well Controlled dengan Obat Pengendali pada Anak Usia 6 Tahun. *Jurnal Ners*, 8(2); 1726-1731.
- Stephanie, J. (2021). *Interpreting Themes form Qualitative Data: Thematic Analysis*. London: Eval Academy.
- Sugiyono. (2017). *Metode Penelitian Kuantitatif, Kualitatif, dan R&D*. Bandung: Alfabeta.
- Syahrizal, A. H. (2023). Penatalaksanaan Asma Bronkial pada Anak Melalui Pendekatan Kedokteran Keluarga. *Jurnal Ilmu Medis Rumah Sakit Umum dr. Zainoel Abidin*, 4(1); 130-143.
- Szeffler, S. J., & Cloutier, M. M. (2022). Disparities in asthma: A Matter of Life and Breath. *The Lancet Respiratory Medicine*, 10(3); 206–208.
- Wahyuni, T., Kardiaturun., Khairillah., & Sukartika. (2023). Pengalaman Perawatan Keluarga dalam Mencegah Kekambuhan Penyakit Asma pada Anak di Puskesmas Sanggau Ledo Kabupaten Bengkayang. *Jurnal Ilmiah Keperawatan*, 9(5); 533-538.
- Wendell, S. G, Fan, H, & Zhang, C. (2020). Efficacy and Safety of Ipratropium Bromide/Albuterol Compared with Albuterol in Patients with Moderate to Severe Asthma a Randomized Controlled Trial. *Pharmacological Reviews*, 72(4); 756–778.
- World Health Organization (WHO). (2019). *Global Report on Asthma and Chronic Respiratory Diseases*. Geneva: World Health Organization.
- Yani, F. F., Lestari., Yetti., & Machmud. (2021). Prevalence and Risk Factor of Childhood Asthma and Allergic Disease for Population Living. *Jurnal Kesehatan Masyarakat Andalas*, 15(1); 13-17.
- Yuliana, R., & Permatasari, R. (2022). Hubungan Pengetahuan dengan Pengelolaan Asma pada Pasien Rawat Jalan. *Jurnal Kesehatan Prima*, 16(1); 55–61.
- Zhou, X. (2020). The Influence of Patients Knowledge and Attitude on Asthma Control a Cross-Sectional Study. *BMC Pulmonary Medicine*, 20(1); 23-31.
- Zulkifli, E. M., & Hidayat. (2022). Pengaruh Pursed Lip Breathing Exercise terhadap Saturasi Oksigen, Denyut Nadi dan Frekuensi Pernapasan pada Pasien Asma Bronkial. *Jurnal Keperawatan Jiwa (JKJ): Persatuan Perawat Nasional Indonesia*, 10(1); 203-210.