

## **CHAPTER IV:**

### **CONCLUSION AND SUGGESTION**

#### **CONCLUSION**

Dreams are subconscious experiences that involve thoughts, feelings, and senses during sleep. It is a normal part of sleep and can occur at any stage of sleep, especially during the REM (rapid eyemovement) stage. In psychology, the study of dreams is crucial to understanding the human mind, consciousness, and mental processes. However, in Islamic psychology, however, dreams are not simply a subconscious impulse; they are an interpretation of experiences that the spirit gains during human sleep. Dreams have a high status in Islam, as evidenced by the Qur'anic and Hadithic attention to them. The Qur'an recounts Ibrahim AS.'s desire to slaughter his son based on a dream, and Ismail AS.'s obedience of Ismail AS. as described in (QS. Ash-Shaffat: 102-103). Surah Al-Fath also records the Prophet Muhammad's dream about this arrival to Mecca with his companions safely, a dream that was realized in the year of the opening of the city of Mecca. dream that was realized in the year of the opening of the city of Mecca.

#### **SUGGESTIONS**

1. Enrich the Explanation of Terms: The book should be supplemented with a glossary or explanations of specific terms related to dreams to make it easier for lay readers to understand. easier for lay readers to understand.
2. Cultural Contextualization: It is recommended that the section referring to the culture of European circus culture should be explained in more detail and contextualized to make it more relevant and easily understood by Indonesian readers.
3. Avoid English Idioms and Metaphors: It is best to avoid English idioms and English idioms and metaphors should be avoided or replaced with equivalent and easily understood Indonesian expressions. Indonesian expressions that are equivalent and easy to understand.

## **Difficulties in Translation**

In translating the book "Dreaming: A Very Short Introduction" by J. Allan Hobson is a complex task, demanding expertise and deep understanding. and deep understanding. Hobson uses idioms and metaphors typical of the English English idioms and metaphors in explaining scientific and psychological concepts, as well as referring to the referring to the cultural context of European circuses. This translation process requires careful cultural mapping in order to find the right meaning, resulting in an accurate and meaning, resulting in a translation that is accurate and appealing to Indonesian readers. appealing to Indonesian readers.