

CHAPTER III

CONCLUSION

Based on an analysis of Dennis Lehane's novel *Shutter Island* using Sigmund Freud's psychoanalytic theory and the concept of Dissociative Identity Disorder (DID), several conclusions can be drawn to address the research questions. First, this study successfully identified signs of Dissociative Identity Disorder (DID) suffered by the main character, Andrew Laeddis. The most obvious primary symptom is the presence of two or more personalities: Andrew Laeddis's true identity and his self-created persona, Edward "Teddy" Daniels. This persona was created as a defense mechanism to escape the severe trauma after he murdered his wife, Dolores Chanal, who had previously drowned their three children.

The second symptom is dissociative amnesia, in which Andrew forgets his true identity, the existence of his children, and the events of his murder. He creates a false narrative that his wife died in a fire. The third symptom is depersonalization disorder, characterized by feelings of alienation from oneself. This manifests itself most severely through the creation of the Teddy Daniels persona and also appears in dreams in which he feels like a "ghost" or is unable to see his own reflection in the mirror.

This study explains how the Dreamwork mechanism transforms Latent Content (hidden meaning) into Manifest Content (dream images) in Andrew's hallucinations and distorted realities. The dream analysis in several chapters shows that Latent Content, consisting of repressed guilt and murder trauma, is transformed through several processes: Condensation, Symbolization, Displacement, and Secondary Revision.

Andrew finally creates a new identity in order to forget all the traumatic events he has experienced in the past. But at the end of the story Andrew realizes and remembers all these events and admits that he is Andrew Laeddis and not Teddy Daniels. However, in the last chapter of this novel, there is a setback that causes Andrew to dissociate again. Andrew finally underwent a lobotomy surgery, this is because Andrew had undergone this treatment 6 months ago, and for two years, this dissociative mechanism was always active after he remembered his original identity. This treatment was used to avoid Andrew from undergoing Lobotomy surgery. In general, the dissociation that is the defense mechanism occurs again perfectly.