

REFERENCES

- American Psychiatric Association. (2013). *Diagnostic And Statistical Manual Of Mental Disorders* (5th ed.). Washington, DC: Author.
Retrieved from <https://doi.org/10.1176/appi.books.9780890425596>
- BBC. (2020). *The Midnight Library*. BBC Radio 4. Retrieved from <https://www.bbc.co.uk/programmes/m000q3f4>
- Bogdan, R., & Biklen, S. K. (1997). *Qualitative Research For Education* (Vol. 368). Boston, MA: Allyn & Bacon.
- Campbell, J. (1949). *The Hero With a Thousand Faces*. New York, NY: Pantheon Books.
- Cooper, D. R., & Schindler, P. (2014). *Business research methods*. New York, NY: McGraw-Hill.
- Creswell, J. W., & Poth, C. N. (2016). *Qualitative Inquiry And Research Design: Choosing Among Five Approaches*. Sage Publications.
- Haig, M. (2020). *The Midnight Library*. Great Britain: Canongate Books.
- Jung, C. G. (1921). *Psychological Types*. London, England: Routledge.
- Jung, C. G. (1967). *Symbols of Transformation, Collected Works 5*. Princeton University Press.
- Jung, C. G. (2014). *Two Essays On Analytical Psychology*. London, England: Routledge.
- Kusumaningrum, U. D. (2021). *The Depression Of Nora Seed As Reflected In Matt Haig's The Midnight Library* (Doctoral dissertation, Universitas Islam Negeri Maulana Malik Ibrahim).

- Madjid, A. M. (2021). *Earned Secure Attachment Of Avoidant Personality Disorder Client In Matt Haig's The Midnight Library* (Doctoral Dissertation, Universitas Negeri Jakarta).
- Mikaeili, H. (2023). *A Jungian Reading of The Midnight Library: Individuation Theory and Literary Criticism*.
- Moleong, L. (2010). *Metode Penelitian*. Jakarta: Rineka Cipta, 25.
- Moore, A. (2018, November 17). *Matt Haig: "I wanted to end it all, but surviving and thriving is the lesson I pass on"*. The Guardian. <https://www.theguardian.com/lifeandstyle/2018/nov/17/matt-haig-i-wanted-to-end-it-all-surviving-and-thriving-is-the-lesson-i-pass-on>
- Pearson, C. S. (1991). *Awakening The Heroes Within: Twelve Archetypes To Help Us Find Ourselves And Transform Our World*. New York, NY: Harper Collins
- Pokhare, P. B., & Sharma, B. (2024). *Library is A Source for Transformation: A Study of Matt Haig's The Midnight Library*.
- Prastyadi, D. A., & Pandin, M. G. (2024). *Emotional Void And Childhood Trauma: A Freudian Psychoanalysis Criticism On Matt Haig's The Midnight Library*. Airlangga Development Journal, 8(1). 64-76
- Sihotang, D., & Mubarak, Z. H. (2024). *Analysis Of The Main Character's Personality In "The Midnight Library" Novel By Matt Haig*. Journal of Syntax Literate, p.2452
- Sinda, V. (2024). *Symbolism Of Life And Death Desire In Matt Haig's The Midnight Library* (Doctoral dissertation, UIN Sunan Gunung Djati Bandung).

Schindler, D. R. (2014). *Business Research Method*. McGraw-Hill.

SparkNotes. (n.d.). *The Midnight Library: Summary*. SparkNotes. Retrieved

August 14, 2025, from <https://www.sparknotes.com/lit/the-midnight-library/summary/>

Wellek, R., & Warren, A. (1949). *Theory of Literature*. New York, NY:

Harcourt, Brace and Company. Harcourt, Brace and Company.

World Health Organization. (n.d.). *Mental Health*. Retrieved from

<https://www.who.int/news-room/fact-sheets/detail/mental-health>